



## Control of Substances Hazardous to Health (COSHH)

Our comprehensive Control of Substances Hazardous to Health (COSHH) course will give learners the vital knowledge and skills to handle, store, and dispose of hazardous substances safely in the workplace in line with COSHH regulations. Our experienced trainers provide a constructive learning experience that combines theory with hands-on practice.

Participants will learn about legal obligations under COSHH Regulations, risk assessment techniques, and control measures for minimising exposure. Additionally, they will explore substance classification, labelling, personal protective equipment (PPE), emergency protocols, and communication strategies. By the end of the course, participants will feel confident in implementing COSHH regulations, safeguarding against harm and fostering a safe and secure work environment.

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## Learning Outcomes

- What is a hazardous substance?
- To understand how hazardous substances can enter the body and cause harm
- To consider what risks need to be assessed in your workplace
- To understand how to use Data Safety Sheets for assessing risk
- To describe methods for controlling hazardous substances

## Course Content

### **Module 1: Understanding which substances are harmful:**

- This module provides participants with a comprehensive understanding of hazardous substances commonly encountered in the workplace, along with their associated risks. We will cover understanding hazard symbols, labelling requirements and discuss what should be included on a COSHH data sheet.

### **Module 2: Control Measures and Safe Handling Practices:**

- Participants gain insights into selecting and implementing appropriate control measures to minimize exposure to hazardous substances. Topics include engineering controls, administrative controls, safe handling procedures, and the use of personal protective equipment (PPE).

### **Module 3: Storage of Hazardous Substances:**

- This module covers best practices for safely storing hazardous substances. Participants learn about storage requirements, compatibility considerations, labelling protocols, and procedures for handling spills or emergencies.

## Course Content

### **Module 4: Assessing Risk:**

- This module focuses on the systematic assessment of risks associated with hazardous substances in the workplace. Participants learn to identify potential hazards, evaluate exposure routes, and assess the likelihood and severity of adverse health effects. Emphasis is placed on using risk assessment tools and methodologies to inform the development of effective control measures.